

## Green Tea



**Brand:** Lindens  
**Product Code:** L42  
**Availability:** 10  
**Weight:** 0.10kg

**Price:** £8.99

### Short Description

A concentrated extract of green tea, equivalent to 1000mg dried whole leaf. Green tea is a popular botanical supplement, used in Chinese herbalism for thousands of years.

### Description

- Supports weight loss goals when used with a reduced calorie diet & daily exercise program
- Suitable for vegetarians & vegans
- High in EGCG - a principal antioxidant
- Provides 120mg polyphenols per tablet (of which 80mg are catechins)

Green Tea leaves have long been cultivated by the Chinese, primarily for their use as an antioxidant-rich, healthy drink, full of the polyphenol catechin.

The principal antioxidant found in Green Tea is the polyphenol EGCG (epigallocatechin gallate), a catechin. Catechins are a type of antioxidant found in the greatest abundance in tea leaves and are also found in smaller amounts in foods such as chocolate, red wine, berries and apples.

With Lindens®, you can expect:

- ? An established UK manufacturer based in Yorkshire
- ? ISO 9001 Certified for Quality Management Systems
- ? Dedication to excellence, innovation and satisfaction
- ? Resealable, light-proof, foil-fresh pouch packaging

? The Lindens® label: your guarantee of authenticity

This is a food supplement which is not a substitute for a balanced diet and healthy lifestyle. We recommend that pregnant and breastfeeding women seek medical advice before using food supplements. Store in a cool, dry place, out of reach of children. Unsuitable for children. Follow usage guidelines. Do not exceed stated dose. Lindens® is a registered trademark of Lindens Health + Nutrition Ltd.

## **Label Information**

GREEN TEA 1000mg

Green Tea Extract, equivalent to 1000mg dried leaf, standardised to provide 120mg total polyphenols; 80mg catechins

**DIRECTIONS:** Food Supplement. Take one to two tablets each day with a little water.

**PRODUCT INFORMATION:** 1 tablet provides 200mg 5:1 green tea extract, equivalent to 1000mg dried leaf

**INGREDIENTS:** Green Tea Extract, Bulking Agents (Microcrystalline Cellulose, Dicalcium Phosphate, Modified Maize Based Starch), Anti-caking Agent (Magnesium Stearate).

Allergens (if any) in bold.

Free From: dairy, soya, sugar & gluten.  
Suitable for vegans and vegetarians.

EAN:  
5060332530908 - 100 pack

## **PRODUCT INFORMATION**

NRV = Nutrient Reference Value