# Ginger Root



**Brand:** Lindens **Product Code:** L34 **Availability:** 10 **Weight:** 0.10kg

**Price: £7.99** 

# **Short Description**

The active constituents in Ginger help to support digestive health. Ginger is popular with people who travel.

# **Description**

- Standardised to yield 4mg gingerols and shogaols per tablet
- Super convenient, an essential for any travellers
- Digestive aid

Ginger is a perennial plant that grows in India, China, Mexico, and a few other countries. The rhizome (underground stem) is used as both a spice and in herbal medicine.

The warming properties of Ginger have been enjoyed for centuries and are known to aid digestion as they can have a settling effect on the system. Ginger is also often used alongside products in our joint care range such as glucosamine or chondroitin.

# With Lindens®, you can expect:

- ? An established UK manufacturer based in Yorkshire
- ? ISO 9001 Certified for Quality Management Systems
- ? Dedication to excellence, innovation and satisfaction
- ? Resealable, light-proof, foil-fresh pouch packaging
- ? The Lindens® label: your guarantee of authenticity

This is a food supplement which is not a substitute for a balanced diet and healthy

lifestyle. We recommend that pregnant and breastfeeding women seek medical advice before using food supplements. Store in a cool, dry place, out of reach of children. Unsuitable for children. Follow usage guidelines. Do not exceed stated dose. Lindens® is a registered trademark of Lindens Health + Nutrition Ltd.

#### **Label Information**

### **GINGER ROOT**

A potent extract of ginger, equivalent to 500mg dried root per tablet, standardised to yield 4mg gingerols & shogaols

DIRECTIONS: Food Supplement. Take one tablet, three times per day before food, with a little water.

INGREDIENTS: Bulking Agents (Dicalcium Phosphate, Microcrystalline Cellulose), Thickening Agent (Sodium Carboxymethylcellulose), Ginger Extract, Anti-caking Agents (Silicon Dioxide, Magnesium Stearate)

Allergens (if any) in bold.

Free From: dairy, soya, sugar & gluten. Suitable for vegans and vegetarians.

EAN:

5060332532186 - 90 pack

## PRODUCT INFORMATION

NRV = Nutrient Reference Value