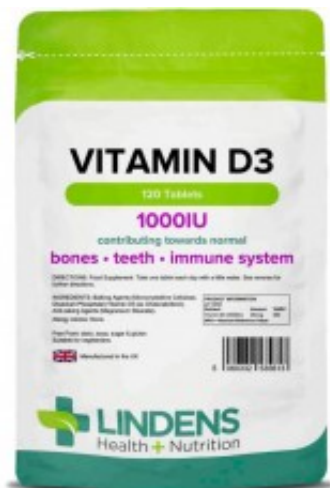


## Vitamin D3



**Brand:** Lindens

**Product Code:** 5060332531110

**Availability:** 10

**Weight:** 0.10kg

**Price:** £8.99

### Short Description

Vitamin D is naturally produced in the body when you are exposed to the sun, but many people are at risk of Vitamin D deficiency. Each vegetarian-friendly tablet of Lindens Vitamin D3 1000IU contains 500% NRV (nutrient reference value) of Vitamin D3.

### Description

- Often known as “the sunshine vitamin”
- Strong 500% NRV dose of Vitamin D3
- Vegetarian friendly one-a-day tablets
- Contributes to healthy bones, teeth, muscle and immune function

Vitamin D is an important nutrient in the body, contributing to the maintenance of normal bones, teeth, muscle function, immune function and normal absorption and utilisation of calcium and phosphorus. While it is naturally produced by the body when exposed to sunlight (leading some to dub it the “sunshine vitamin”), not getting enough sunlight, or not eating oily meat and fish can lead to deficiency.

Each convenient, vegetarian-friendly Lindens Vitamin D3 1000IU tablet provides 500% NRV (Nutrient Reference Value) of Vitamin D3. This is a fantastic way to support your nutrition regardless of lifestyle, in a convenient way, at a great price.

**Vitamin D** contributes to normal:

- absorption/utilisation of calcium & phosphorus

- blood calcium levels
- maintenance of normal bones, muscles & teeth
- role in a process cell division
- immune system function

With Lindens®, you can expect:

- ? An established UK manufacturer based in Yorkshire
- ? ISO 9001 Certified for Quality Management Systems
- ? Dedication to excellence, innovation and satisfaction
- ? Resealable, light-proof, foil-fresh pouch packaging
- ? The Lindens® label: your guarantee of authenticity

This is a food supplement which is not a substitute for a balanced diet and healthy lifestyle. We recommend that pregnant and breastfeeding women seek medical advice before using food supplements. Store in a cool, dry place, out of reach of children. Unsuitable for children. Follow usage guidelines. Do not exceed stated dose. Lindens® is a registered trademark of Lindens Health + Nutrition Ltd.

### **Label Information**

VITAMIN D3 1000IU

Contributing towards normal bones • teeth • immune system

**DIRECTIONS:** Food Supplement. Take one tablet each day with a little water.

**INGREDIENTS:** Bulking Agents (Microcrystalline Cellulose, Dicalcium Phosphate)  
Vitamin D3 (as Cholecalciferol), Anti-caking Agents (Magnesium Stearate)

Allergens (if any) in bold.

Free From: dairy, soya, sugar & gluten.  
Suitable for vegetarians.

### **Product Gallery**

