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10 ml Hyssop Essential Oil



Brand: Ancient Wisdom **Product Code:** EO-51 **Availability:** In Stock

Weight: 0.04kg

Price: £9.50

Description

Latin Name: Hyssopus OfficinalisPart Of Plant Used: Leaves & Flowering TopsSource: SloveniaExtraction Method: Steam DistillationThe essential oil of Hyssop is extracted with the help of steam distillation of the leaves and flowers of a shrub called Hyssop. The health benefits of this essential oil can be attributed to its properties as an astringent, stimulant, antispasmodic, antirheumatic, antiseptic, carminative, cicatrizant, digestive, diuretic, emmenagogue, expectorant, hypertensive, nervine, sudorific, tonic, febrifuge, vermifuge, and vulnerary substance. Being an antispasmodic, Hyssop Essential Oil gives relief in spasms of the respiratory system, thereby curing spasmodic coughs. It also cures spasms of the nervous system in order to cure convulsions and related problems, as well as reducing muscular spasms, which cures cramps, and spasms of the intestines, giving relief from acute abdominal pain. Since Hyssop oil improves and promotes circulation, it helps cure diseases associated with poor circulation, such as rheumatism, arthritis, gout, and swelling. This oil facilitates digestion. Being a stimulant, it stimulates the secretion of gastric juices like acids, enzymes, and bile into the stomach, which speeds up the decomposition of complex proteins, carbohydrates, and other nutrients.