## Phone: 01623 239013 - Email: shop@musclesolutionshealth.co.uk

## 10 ml Clove Leaf Essential Oil



**Brand:** Ancient Wisdom **Product Code:** EO-22 **Availability:** In Stock **Weight:** 0.04kg

**Price: £2.50** 

## **Description**

Latin Name: Eugenia Caryophyllata.Part Of Plant Used: LeavesSource: Madagascar.Extraction Method: Steam Distillation. This Clove Essential Oil is extracted usually by steam distillation from the leaves, stem, and buds of the Eugenia caryophyllata tree, which is native to Indonesia and the Malacca islands. This is a potent oil with a warm, strong, spicy smell and needs to be used very diluted and with much care in aromatherapy. Clove oil can be used to heal or soothe acne, bruises, cuts and burns, leg sores, and as a pain reliever for rheumatis and arthritis. It is said to be good for the digestive system as well, helping with vomiting, diarrhoea, flatulence, spasms, and parasites. It is considered valuable for relieving respiratory problems like bronchitis, asthma, and tuberculosis. In aromatherapy, this essential oil stimulates the mind and acts as an aphrodisiac. It removes mental exhaustion and fatigue, and induces sleep in insomniacs. Cloves were popularly used in ancient India and China. It is believed that ancient Chinese medicine used cloves to treat indigestion, diarrhoea, hernia, athlete's foot, and fungal infections. It has been used to treat mouth ulcers, toothache, and as a breath freshener since ancient times in these countries. It was one of the first spices to be traded. Arab traders are said to have introduced cloves to Europe during the days of the Roman Empire.