

## 10 ml Clary Sage Essential Oil



**Brand:** Ancient Wisdom

**Product Code:** EO-07

**Availability:** In Stock

**Weight:** 0.04kg

**Price:** £7.25

### Description

Latin Name : Salvia Sclarea Part of Plant Used : Tops and Leaves. Source : Russia. Extraction Method : Steam Distillation. Clary Sage Essential Oil has sedative abilities that induce feelings of relaxation, clarity, and calmness while alleviating dizziness, anxiety, and irritability. It is also known to stimulate libido in both men and women. Clary Sage Essential Oil has earned the nickname “The Woman’s Oil,” due to its benefits for women’s health, especially in relation to menstruation and menopause. Clary Sage oil calms and soothes the skin. Clary Sage oil can also be applied to promote healthy-looking hair and scalp. If used aromatically, Clary Sage oil promotes feelings of relaxation in preparation for a restful night’s sleep.