

## Turmeric Essential Oil 10ml



**Brand:** Ancient Wisdom

**Product Code:** EO-85

**Availability:** In Stock

**Weight:** 0.04kg

**Price:** £4.20

### Description

Latin Name: Curcuma Longa Plant Part Used: Rhizome Source: India Extraction Method: Steam Distillation Aromatic Description: Warm, spicy, earthy, woody As a key botanical of the traditional Ayurvedic health practices of India, turmeric root and turmeric essential oil have a long history that has inspired modern uses of turmeric today. Steam distilled from the turmeric root, Turmeric essential oil has two unique chemical components, Turmerone and ar-Turmerone. Most commonly known for their nervous system and emotional benefits, these components make Turmeric essential oil a staple in your daily health routine. Advantageous to the immune system, Turmeric may have soothing benefits that promote a positive immune response. As well, Turmeric can help to promote clear, smooth, and radiant-looking skin.